

2021 MOVEMENT CHALLENGE LOG

TEAM NAME:

MONTH:



	WEEK 1	WEEK 2	WEEK 3	WEEK 4	WEEK 5
MONDAY					
TUESDAY					
WEDNESDAY					
THURSDAY					
FRIDAY					
SATURDAY					
SUNDAY					

***If manual tracking and cannot submit monthly total online through the Google form, please interoffice to: Teresa DeMarco in Bohemia or email by scan/ picture to tdemarco@suffahrc.org