

With AHRC Suffolk Individuals

Thank you to everyone who contributed to this week's story.

With AHRC Suffolk's Day Programs back in session, we have been eager to hear from some of our individuals about how they are feeling about being back in program and what they missed while they were gone. Take a look! ©



Beverly T., Bohemia Day Habilitation

Why are you happy to be back? I was so bored staying home. I got tired of playing games on the computer, being home made me very anxious.

What is the most fun thing you did today? I really like doing the exercise, playing sports, hangman and most of all chatting with my friends.

What did you miss most about your program? I missed all the clubs, my friends and all of the staff.

Oscar D., Bohemia Work Activities

Why are you happy to be back? I missed working!

What is the most fun thing you did today? Hanging out with Dawn in the kitchen.

What did you miss most about your program? I missed being with my co-workers. I missed Fran, Dawn and Jordan a lot!





Yosef W., Westhampton Beach East End Prevoc

Why are you happy to be back? I missed the staff and my co-workers. I kept thinking about everyone while I was at home and missed everyone's company.

What is the most fun thing you did today? Making a wood boat craft that I painted and took home to my mom. My mom really likes the arts and crafts I bring home and keeps all of them. I also learned about ladybugs and did a painting of a ladybug.

What did you miss most about your program? Making the big checks.



Why are you happy to be back? I'm happy to see my friends.

What is the most fun thing you did today? Music with Mike.

What did you miss most about your program? I missed Lakeland, friends and instructors.





Pritpal A., Knickerbocker Day Habilitation

Why are you happy to be back? I'm happy to be here. I get to get out of the house.

What is the most fun thing you did today? Exercise club so I can kick my feet.

What did you miss most about your program? I missed Jill and Susan, Room 5 Zumba and seeing people in different rooms.